

# INGUNN OMHOLT

[https://resumes.actorsaccess.com/ingunn\\_omholt](https://resumes.actorsaccess.com/ingunn_omholt) email: [iomholt@bell.net](mailto:iomholt@bell.net) Union affiliation: ACTRA, stagiaire UDA

Hair: Salt and pepper, long

Eyes: Blue

Height: 5'7"

Dress size: 2

## **FILM (partial list):**

2025 - "Whispering Shadow"	Supporting	Humber Polytechnic
2024 - "Dead Air"	Supporting	Trebas Institute
2024 - "The Clearing"	Supporting	Concordia University
2023 - "Duet"	Supporting	Sheridan College
2023 - "Renascence"	Supporting	Toronto Metropolitan University
2022 - "Hutchison"	Supporting	Coco Films
2021 - "AHU"	Supporting (Off-camera)	Mehr Film / Mahsa Razavi
2019 - "Mentamorphosis"	Supporting	Lighthouse Films
2016 - "Purple Berry Haze"	Supporting	Concordia University
2015 - "Silent Majority"	Supporting	db promédia inc.
2012 - "Gardez la Monnaie"	Supporting	dir. Lo Xu-Ming Tong

## **WEB:**

2017 - "The Fantasmagori"	Guest star	Twentythousandleagues
2016 - "Spiro Tsar PI"	Costar	Aesop Productions

## **THEATRE / MUSICAL THEATRE (partial list):**

2016 - Musical theatre, "ORIGIN – A Story Through Song"	one of four actors/singers	Freestanding Room, Montreal
2014 - Theatre, "As You Like It"	Audrey	Hudson Players Club

## **TRAINING (partial list):**

2024 – ongoing – Online Cinematic Sessions	John Swanbeck	Blue Swan Films
2022 - 2023, Weekly acting class	Miriam Laurence	Miriam Laurence Studio
2020 - Essentials for Acting - Diploma Program	A. Acin, R. Ferrier, D. Huband, V. Bondarenko	Toronto Academy of Acting for Film and Television Inc.
2017 - 2019, On-camera acting classes	Tim Kachurov, Mike Plyley	Alza Acting Studio
2012 - 2016, Weekly scene studies	Jock MacDonald	Straeon Acting Studios
2012 - 2016, Singing lessons	Christiane Jean	Private
2011 - 2013, Various classes (acting, improv, clowning, 48 Hour film festivals)	Various teachers	ASM Performing Arts, Montreal
2010 - 2011, Course "Introduction to acting I/II"	Liz Valdez	Concordia University

## **LANGUAGES:**

Norwegian (first language), fluent English, semi-fluent French (international accent)

## **OTHER SKILLS:**

Runway walk, running (long distance), cross country skiing, general equestrian skill, knitting, gun safety (PAL)  
driver's licence (standard), passport

**Commercials Available Upon Request**